

VIOLENCE is dangerous to your HEALTH ...

Here you'll find assistance and support

Violence Protection Ambulatory	450 570 270
Berlin Service in crisis	390 63 10 (24 Std)
BIG Hotline	611 03 00
LARA (♀ after sexual violence)	216 88 88
Victim Support Berlin	395 28 67
STOP STALKING	22 19 22 000
Weisser Ring e.V.	116 006

... and for Your CHILDREN

Help for children and teenager (also for parents)

Here you'll find help 24/7

Children- and Girls-Hotline	61 00 61
Teenager-Hotline	61 00 62
Girls-Hotline	61 00 63
Hotline for Childprotection	61 00 66
Police Emergency number	110